

GROUPS & CLASSES FOR 0-11'S

AROUND DERWENT VALLEY, AMBER VALLEY, DERBY AND BEYOND!

SEPT / OCT 2023



Derbyshire Toy Library

Stay & Play Belper Community Hall: Wed 9:30-11am Kilburn Village Hall: Thurs 9:30 - 11am Glebe Field Centre, Crich Mon 9:30 - 11am

Strutts Centre, Belper

Multiples Playgroup (for carers of twins/triplets) 2nd Sat of Month – 9:30-11am Book via website-PAYG: Card/ Cash/BACS/Paypal **Toy Hire** Click & Collect or Click & Browse Service: Strutts Community Centre, Belper: Wed 10am–12pm, Fri 9:30 - 11am, Sat 9am -11:30am (We welcome donations of Toys -Books - Soft Toys) See fb page for ideas & to book a slot for pick up. Database available: www.derbyshiretoylibraries.org/shop

Derbyshire Toy Libraries Virtual Toy Sales

Thurs 14 Sept & Thurs 12 Oct Buy preloved toys at a bargain and raise vital funds. Go to Derbyshire Toy Libraries Selling and Fundraising FB Group and message them if you have toys & books to donate. www.derbyshiretoylibraries.org

Strong Mums Pre & Postnatal

Exercise Class (babies 0-12 mths) Cross Fit Deviant, Mansfield Rd Derby Fri 11:30am 1:1 sessions at your home jemma.shaw@hotmail.com

Muck Out Mornings (0-4yrs)

Old Farm Bus - DE5 8JB Tues, Fri, Sun - 9:30-11:30am Messy play, soft play bus, farm animals -£5 per child/ £1 per adult Book at Eventbrite and search Muck Out Mornings or pay on arrival

Emily Doula Shine with Tabitha Yoga Studio,

Belper Mother and Baby Yoga (0-toddling) Weds I Iam-12pm Baby Massage (4 wks-6 mth) Thurs, 1-2pm Pregnancy Yoga (14wks-birth) Thurs 6.15-7.15pm info@emilydoula.co.uk/ 07816653812 www.emilydoula.co.uk BOOK

Acorns Toddler Group (0-4's)

Woodlands Church, Allestree Mon - 9:30-11:15am Free play, snacks, singing and a Bible story. 01332 551336/ www.woodlandschurch.org.uk

B.E.A.R.S.

Breastfeeding Support Group Belper Early Years Centre, Alder Road: Fri 1:15-2:15pm (weekly) Heanor Children's Centre: Tues 9:30-11am (fortnighty) Alfreton Children's Centre:

Thurs 10:30-11:30am (fortnighty) Refreshments, social and breastfeeding support, meet other parents, toys and entertainment for the little ones. See FB page for breastfeeding support and details of antenatal sessions Call/text 07776 495900 or fb messenger

Twistin Tinies Adventures (0-18m - non-walkers) Belper Community Hall: Mon 12:30-1:30pm Tues 11:15am-12:15pm

Community Room, Arc Leisure, Matlock Weds 11.15am - 12.15pm

St Joseph's RC Church Hall.

Ripley: Fri 10:45-11:45am Innovative Sensory Adventures to help your baby grow! Block bookings - 4 Trial Classes £20 for new customers. www.twistintots.co.uk 07977 578 359 Jacqui@twistintots.co.uk @twistintiniesadventures

Twistin Tots (0-5yrs) Belper Community Hall:

Belper Community Hall: Mon 9.45am - 11.20am (Music & Play) Tues 9.45am - 10.30am Community Room, Arc Leisure, Matlock Weds 9.45 - 10.30am Darley Abbey Village Hall: Thurs 9.45am - 10.30am St Joseph's RC Church Hall, Ripley: Fri 9.30am - 10.15am Magical music and movement classes for Under 5's and their grown-ups. Weekly or Block Bookings - 4 Trial Classes £20 for new customers Jacqui@twistintots.co.uk /07977 578 359

www.twistintots.co.uk/ @twistintots

Story and Rhyme Time Belper Library

Story and Rhyme Time Weds 11-11.30am (under 5s) Rhyme Time Fri 11-11.30am (under 5s) For more info contact Belper Library on 01629 533192

Yellow Daisies Stay & Play (0-5's) The Village Hall, Heage

Mon,Wed & Fri- 9-11am Fb

Pregnancy & Post Natal Pilates (babies welcome) Belper Pilates Studio, East Mill

Physio-Led Classes Mat work: Weds 8:15pm Reformer: Thurs 9:45am & Fri 10:20am BOOK - 07703 116284 https://belperpilates.co.uk

Edward Praise & Play with Mini Bears (0-5's) St Oswald's Church, Ashbourne

Thurs - 9:30-11:30am (Ashbournechurch@gmail.com 01335 343052

Wirksworth Stay and Play Baby & Toddler Group (0-5 yrs) The Memorial Hall, Wirksworth

Thurs 9:45-11:15am O-6m £1.50, 6m+ £3 per family A friendly, welcoming community playgroup with lots of toys, a craft activity, a messy/sensory tray and snack for the children. Hot drinks and biscuits for the adults.

Baby Sensory (0-13m) Lion Hotel, Belper:

Wed, 10-1 Iam (Birth-6m) 11:30am-12:30pm (6m-13m) 1-2pm (Birth-13m)

Ripley Leisure Centre:

Thurs, 10-11am (Birth-6m) 11:30am-12:30pm (6m-13m) 1-2pm (Birth-13m) BOOK 07989 443734 babysensory.com/centralderbyshire

Prams & First Shoes Meet-Up (0-2.5s) St Mark's Church.

Openwoodgate

Thurs 9:30-11.30am Messy Church (all ages) **St Swithun's Church, Belper** 2nd Sat in the month 4-6pm. **St Mark's Church, Openwoodgate** 4th Sat in the month 4-6pm

Little Church (0-5's) St Peter's Church Belper Wed 10am-12pm

Belper Early Years Centre Alder Road, Belper

Natural World Group (6m-5yrs) Fri 10-11:30am Toys, sing-alongs & sensory room No need to book (£1 donation) Special Friends Coffee Morning & Playgroup (for children with additional needs and their families) 2nd Weds of Month 9:45-11:45am. belperearlyyearsfun@gmail.com/01773 821288

Moo Music Alfreton (0-5 yrs) Genesis Centre, Alfreton: Mon & Tues

Baby Moo (0-walking) – 9:30-10am Mixed Moo (0-5) 10:20-11am Scout Hut, Swanwick: Wed -Mixed Moo (0-5) 10-10:40am Fri - Moo & Brew (0-5) 10am -11.30, free tea and coffee, from birth to 5 years Village Hall, Somercotes:

Thurs - Mixed Moo (0-5)

10-10:40am Fun, interactive sessions with a different theme each week including dress-up, props, original Moo Music songs and lots of sensory stimulation.07970664282 www.moomusic.co.uk /alfreton

Sensory Imagination (0-5 yrs) Unit 405, Via Gellia Mill, Bonsall

Mon to Sat 10-11.30am and 12.30-2pm Experience the magic of Sensory Imagination! Our inclusive environment embraces children of all abilities, whether neurodiverse or neurotypical. Join us for our delightful messy play sessions, where children can freely express themselves, fostering their growth and development. Come witness their remarkable journey first hand! Hello@sensoryimaginaion. com/07375871477

www.sensoryimagination.com

TinyTalk (0-4 yrs) St Mark's Church, Belper

Tues 10-11am Fri 10-11am (Baby Class) Arc Leisure Centre, Matlock Thurs 10-11am (Baby Class) bookwhen.com/tinytalkdc www.tinytalk.co.uk/kathgreaves St John's Methodist Church,

Allestree Mon 10am-11am (Baby Class) The Church on Oakwood

Tues 10am – 11am (Toddler class) 11:30am-12:30pm (Baby Class) Mickleover Memorial Hall

Weds 10am – 11am (Toddler class) Weds 11.30am - 12.30pm (Baby Class) bookwhen.com/tinytalkderbynorth www.tinytalk.co.uk/emilyreeve Communicate with your baby before they can speak! At TinyTalk we sign, bounce and giggle through each class, while you learn a handful of useful BSL signs with action songs, stories and familiar nursery rhymes. Enjoy social time and a nice hot cuppa and biscuits after every class.All class sizes are limited.

Rhyme Time

Allestree Library Free pre-school song session Tues 2.30 -3pm | 01332 559761

Little Baby Sanctuary Baby Yoga & Massage (0 – active crawling) Sage Yoga Studio, Belper: Thurs - Yoga 10:30-11:30am

Thurs - Toga 10.30-11.30-2.30pm Fusion Yoga Well-being Centre, Ripley: Tues -Yoga 10:30-11:30am

Tues - Massage & I-2pm Anna Michelle's School of Dance, Darley Abbey: Fri - Massage - 10.30-11.30am

Fri - Massage - 10.30-11.30am Fri - Yoga - 1-2pm Gentle, interactive strokes and movement supporting common ailments, concerns and baby milestones with Nicky, qualified NNEB, baby massage & baby yoga instructor. 07739 551379 / Book online www.thelittlebabysanctuary.co.uk

Kilburn Baby & Toddler Drop In Kilburn Village Hall

Fortnightly on Sundays 9.30 – 11:.30am (FREE) Welcoming all families, babies & toddlers to our play, colouring, reading & sensory areas area. Hot/cold drinks provided. FB/ 078773 56262 / Kilburnbaby@gmail.com www.facebook.com/ KilburnBabyAndToddlers

Nest & Nurture Nest & Nurture Studio, Belper North Mill

Hatchlings Baby Massage & Postnatal Yoga (6wks-5m) BOOK Non 12 - Ipm **Nestlings Baby Yoga** (4/5m – crawling) BOOK Non 10-11am Fledglings - Messy/sensory play and yoga (9/10 months - 2 years) Thur 10.30am-11.30am **Nature Tots** - Outdoor parent and toddler group (1 to 4 year olds) Wed 10-11am Nature Babies-Outdoor parent and baby group (birth to around 12 months)

Wed 12.30 – 1.30pm Nest & Nurture Tea Club Weekly social and support drop-in session for expectant and new parents in Belper and surrounding area. Tues I0am - 12pm Yoga for Pregnancy & Birth (from 14 wks of pregnancy onwards+)

Sun 6pm-8pm Derby and Notts Sling Library

2nd Tuesday of the month 10am-12pm tara@nestnurture.co.uk 07817 649409

Pre-school Yoga: Movement, breathing, relaxation (2-5 yrs) Sage Yoga Studio, Belper

Tues 10-11 am More classes coming soon! BLOCK BOOKING: £35 for 4 weeks laurastherapies@gmail.com

Phonics with Robot Reg Vanessa School of Dance, Belper

Mini Class - 9.45am Preschool Class - 10.45am Phonics with Robot Reg Classes provide fun, high energy classes which open a world of Literacy to children and teach early phonics skills. Lindsay@robotreg.co.uk 07812023666

Burnett Academy Martial Arts (3+)

Fitpit Belper: Sun 10.15-11:05am Kilburn Village Hall: Tues 4pm A family run martial arts school with 14 years teaching experience. Teaching kids self discipline, self confidence & self control. enquiries.burnettacademy@ hotmail.com | 07779 521141

Taekwondo Maestros & Masters Academy (4+) Little Eaton Village Hall

Tues 7- 9pm (8+) Sat 9-10am (4-7) Sat 10am-12pm (8+) **A Korean martial arts -**Taekwondo improves fitness, flexibility, balance, confidence, discipline and moral values; courtesy, integrity, perseverance, self-control and indomitable spirit. admin@mandm.academy / 07818 559309 www.mandm.academy

Derwent Karate (3 Yrs +) Heage Village Hall

Weds 5:30 -6pm - younger children 6-8pm for older children and adults A family friendly martial arts club training in traditional wado ryu karate with over 20 years experience. Contact details: 07896532264 FB: derwent karate

Peak Ballet - Royal Academy of Dance Ballet Classes (3.5 - 17yrs)

Wirksworth Memorial Hall: Mondays Pre-School - Y3 -From 4pm – 7pm

Middleton Village Hall:

Thurs Y4+ - From 5pm – 8.30pm Friendly, fun and inclusive RAD ballet classes | 07776 236007 peakballet@outlook.com / www.peakballet.co.uk

Mini Sportz (2-7 yrs) Duffield Methodist Church

Fri – 9:30-10:15am **(3 - 4 yrs)** Fri- 10:20-11am **(2.5-3 yrs)**

St Alkmunds, Duffield

Thurs – 4-4:45pm **(Rec)** Thurs - 4-4:45pm **(Yr 1)** Thurs 4:55-5:40pm **(Yr 2&3)** Teaching young children a variety of sport based activities & creating a love for physical activity. 07935600027/ www.minisportz.co.uk minisportzuk@gmail.com

Deda Academy Classes (18 mnths to 19 yrs (25 for disabled young people) Deda - Chapel St, Derby

Wednesdays 4.45pm – 8.30pm, Saturdays 9am – 11.45am Academy classes run term time on Wednesdays and Saturdays: Play Dance Move; Movers and Shakers; Ballet; Contemporary; Street Jazz; Street Dance; Young Company classes; Aerial www.deda.co.uk /01332 370911

Splitz Dance Centre (All ages welcome) 8a King St, Belper

Mon-Thurs & Sat (see current timetable for timings) Class genres: ballet, tap, modern, acrobatics, contemporary, commercial, street, musical theatre, adult jazz & tap and pre school classes. PLUS NEW DRAMA class for all ages Thurs 6:30pm

Little Starz Parent & Toddler class

Splitz Dance Centre Belper

Thurs 11am-12pm www.splitzdancecentre.com /07403010116

Vanessa's School of Dance (3-18 yrs) Vanessa's School of Dance, Belper

Mon-Thurs 4pm onwards

Sat 8.45am-6.30pm **Dance genres:** Ballet, tap, modern, contemporary, musical theatre, singing, acrobatics, street dance Adult classes offered in tap, ballet & fitness www.vsdance.co.uk BOOK 01773 823309/ 07581228557

Captive Audience Drama (6 to 18 yrs - Yr2 to Yr13) Strutts Community Centre, Belper

Sat - multiple sessions from 10am to 12 noon, Exploring Drama, learning new skills and building confidence. 07799892320 captiveaudience@live.co.uk https://captiveaudience.org.uk/

AVP Theatre & Arts Academy (5 - 16 yrs) St Johns Church Hall, Mickleover

Tues 6:15 -7:15pm luniors. 7:15 – 8:15pm Seniors Fri 4:30 – 5:15pm Minis. 5:15pm – 6:15pm **Juniors** Join our drama classes, meet and make new friends.Working with a professional actor and theatre-maker, children will create performances, learn new skills, and build confidence, all whilst having fun! There's opportunities to perform in two shows a year, as well as having the chance to create films, develop scripts, and help to make props. We also offer LAMDA training and exams for those interested in developing their performance skills further. avptheatre@gmail.com/ 07462 549429. avp-theatre-arts-academy.class4kids. co.uk/ www.avptheatre.com

Little Explorers (2-5 yrs) Matlock Farm Park

Weds during term time (see website for term dates followed) 11:30am-12:15 pm FREE with farm park entry! Come along with your inquisitive pre-schooler to join in with these lovely nature and wildlife sessions run by a qualified teacher.With events from Den building, Bird Feeder making to Seed planting and Making Worm Farms, there's lots to get involved with.A termly session schedule runs and visitors can attend weekly or on a casual drop-in basis when it suits. Contact Kate Eaton- learn@matlockfarmpark.co.uk | matlockfarmpark.co.uk

Languages for All The Strutt Centre

Primary Spanish I (Sch Years 3-4) Mon 4 - 4:30 pm Primary Spanish 2 (Sch Years 5-6) Mon, 4:40 – 5:15pm jmoses@languagesforall.org.uk 07918 173844 www.lanuagesforall.org.uk

Sparks Film Club

(Starting early October) Infinite Wellbeing Community Centre, Heanor Tues 5.30 - 7.30pm The Grand Pavilion

Matlock Bath

Weds 5.30 - 7.30pm The autumn weekly filmmaking classes themed 'The Other Side' will explore lots of new techniques based on perspective, point of view and switching sides, looking at:

Flipping camera movements and tricks; Parallel story lines and cross-cutting; Reversed points of view; Shot-Reverse-Shot techniques; Invisible wipes; How to use different "sides" as characters and the opportunities of switching sides; Fish-out-of-water storylines; Directional camera work including upside down frames and rotating frames. DerbyshireNorth@sparksarts.co.uk

Code Club

Children will learn the basics of computer programming using Scratch, including how to create simple computer games and animations (FREE 20 wk course)

Mickleover Library - https://www. inderby.org.uk/libraries/events/codeclub-at-mickleover-library/

Alvaston Library - https://www. inderby.org.uk/libraries/events/codeclub-at-mickleover-library/

Riverside Library - https://www. inderby.org.uk/libraries/events/codeclub-at-riverside-library/

Normanton Library - https://www. inderby.org.uk/libraries/events/codeclub-at-normanton-library/

DERBYSHIRE FAMILY HEALTH SERVICE

Tel: 01246 515100

If you are a new group and wish to be listed in later editions... please get in touch **info@boommagazine.co.uk** ** Please note that this information was correct at the time of publishing. Please check all details before attending.